Overview of the behaviour support process

Dementia Support Australia

IDENTIFY

A changed behaviour occurs

Immediate action:

- Ensure the safety of the person, staff and others
- Implement strategies in the resident's Care Plan as appropriate
- Implement general behaviour support short-term strategies

Escalate, notify and communicate as per organisational policy

Record the changed behaviour in the incident management system

If a reportable incident, it must be reported

Is this a new or changed behaviour?*

YES

NO

ASSESS

A Antecedent

Assess the following to identify a cause or trigger for the changed behaviour.

- Physical health
- Cognitive status
- Sensory deficit
- Personality
- Life History
- Mental Health
- Environment
- Relationships
- Communication

B Behaviour

Assess the behaviour itself – record:

- The severity of the behaviour
- Any warning signs
- Any related incidents

C Consequence

Assess the consequences of the behaviour – ask:

- What happened immediately afterwards (before interventions)
- Was there an adverse impact on the person or others?

Various tools can be used to help assess each aspect of the ABC behaviour chain – e.g. the Behaviour Assessment Form (BAF) and Behaviour Frequency Chart (BFC)

During this assessment process, collate additional information from:

- Friends and family
- Wider care team including peers and internal and external specialists
- Existing assessments and care planning documents

Collate and consider all of this information...

PLAN, IMPLEMENT, EVALUATE

D Develop

Develop or review the Behaviour Support Plan (BSP). The BSP sits within the Care Plan

Implement the BSP

Monitor, evaluate and review the effectiveness of the BSP. Various tools can be used to assist – e.g. the BAF or BFC

Tweak the strategies and update the BSP if necessary

E Evaluate

Is the BSP effective?

NO

Consider referral to internal or external services (e.g. DSA, hospital or higher care service)

YES

Monitor the changed behaviour in line with the BSP. The BSP must be monitored, evaluated and reviewed on a regular basis.

*A 'new or changed behaviour' includes a new type of behaviour, a change in the frequency or intensity of a known behaviour or a change in response to existing strategies.

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