

# Matters to be set out in Behaviour Support Plans\*

## 1. Information about the person

Include information/ assessments relevant to understanding the person/ their changed behaviour. This should include information about the person's past experience and life history -e.g. using the Lifestyle and Social History Questionnaire. It should also include information about known triggers and strategies to reduce/ remove those triggers.

## 2. Information about the behaviour

Include information about the nature of the changed behaviour for which the person needs support (describe the behaviour, not the label). You should also include any information about immediate strategies that were implemented to reduce risks to safety and the response to those strategies.

For each occurrence of a new changed behaviour, note the following – additional space provided on page 3.

 <b>Date:</b>	<b>Adverse consequences</b>	<b>Related incidents</b>	<b>Warning signs/ triggers</b>
 <b>Time:</b>			
 <b>Duration:</b>			

\*Please note, additional information must be included if restrictive practices are used. Please refer to s 15HD, 15HC and 15HE of the Quality of Care Principles.

### 3. Information about the care strategies to address the changed behaviour

Best practice strategies:\*

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Other strategies that were used:

Effectiveness of the strategies?

Record of monitoring?

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Other strategies that were considered:

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### 4. Consultation and consent

Include information about the use of the care strategies to address the changed behaviour with the resident or resident's representative.













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*\*Those that: 1) are best practice alternatives to use of restrictive practices 2) consider the person's preferences/ things that are meaningful to them 3) improve quality of life/ engagement.*

## Additional space for filling in information about each occurrence of a new changed behaviour

 <b>Date:</b>	Adverse consequences:	Related incidents:	Warning signs/ triggers:
 <b>Time:</b>			
 <b>Duration:</b>			
 <b>Date:</b>	Adverse consequences:	Related incidents:	Warning signs/ triggers:
 <b>Time:</b>			
 <b>Duration:</b>			
 <b>Date:</b>	Adverse consequences:	Related incidents:	Warning signs/ triggers:
 <b>Time:</b>			
 <b>Duration:</b>			
 <b>Date:</b>	Adverse consequences:	Related incidents:	Warning signs/ triggers:
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