

Dementia Support Australia

Funded by the Australian Government
A service led by HammondCare

Dementia Support Coaching

Bringing strategies to life

At the heart of effective dementia care lies the crucial need for written strategies to move off paper and into real-life practice. Our Coaching and Engagement Team are dedicated to this mission, working directly with carers and care staff across Australia to ensure that strategies provided by Dementia Support Australia (DSA) are not just planned on paper, but become actionable approaches to changed behaviours.

In collaboration with the Dementia Consultant, the Coaches within DSA provide in-person support to carers living at home, the acute care setting and to care staff in residential care settings.



Dementia Support Coaching can include:

- One-to-one or group coaching sessions about the concepts and strategies outlined in the recommendation report.
- Modelling opportunities for care staff or family carers to demonstrate the implementation of a strategy.
- Support the set-up and introduction of engagement item(s) provided by DSA.
- Observation, reflection and feedback opportunities for family carers and care staff.
- Provide additional strategies and resources in collaboration with your Dementia Consultant.

What you can do:

- Familiarise yourself with the Dementia Consultant's recommendation report and strategies.
- Trial the recommended strategies, taking note of what was effective and what requires extra support.
- Speak to your Dementia Consultant about Dementia Support Coaching.
- Nominate a staff member or group of staff from your team to work with the Dementia Support Coach.
- Let the client's family or decision maker know that you have made a referral for a Dementia Support Coach who may visit them.

Dementia Support Coaching can reinforce understanding and transfer knowledge into action. Supporting the implementation of strategies on the ground can overcome barriers such as transient staff and limited resources.



Contact us 24 hours a day, 365 days a year or chat with us now on our website



1800 699 799



dementia.com.au